

Year 2		PSHE Long Term Overview	
Introductory lesson	<u>Y2 Introduction: Setting ground rules for RSE & PSHE lessons</u> 1 lessons A stand-alone introductory lesson outlining RSE & PSHE as a subject and exploring how to create a successful learning environment for these lessons	Unit 1	<u>Y2 Families and relationships</u> 8 lessons Learning that families are composed of different people who offer each other care and support. Learning how other people show their feelings and how to respond to them. Looking at conventions of manners and developing an understanding of self-respect.
Unit 2	<u>Y2 Health and wellbeing</u> 8 lessons Learning: about the benefits of exercise and relaxation on physical health and wellbeing; strategies to manage different emotions, setting goals and developing a growth mindset and understanding dental hygiene	Unit 3	<u>Y2 Safety and the changing body</u> 10 lessons Lesson collection: Developing understanding of safety: roads, medicines and an introduction to online safety; distinguishing secrets from surprises; <u>looking at the concept of privacy.</u>
Unit 4	<u>Y2 Citizenship</u> 8 lessons Lesson collection: learning about rules outside school; caring for the school and local environment; exploring the roles people have within the local community; learning how school council works; giving an opinion.	Unit 5	<u>Y2 Economic wellbeing</u> 7 lessons Learning about financial literacy including how adults get money, wants and needs, using skills and talents and inclusive environments.
Unit 6	<u>Year 2: Transition lesson</u> 1 lessons Helping Year 2 pupils with their transition to Year 3 and the changes that may come with this move.		

